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Charitable Registration No. 847123817RR0001

## PRESS RELEASE

### For Immediate Release

**Peterborough, ON – August 22, 2019**

We are delighted to announce Our Event Ambassador for the Toronto Scotiabank Waterfront Marathon 2019, Building Communities Together, is Sylvia Cashmore, RN and 2018 City of Peterborough Senior Athlete of the Year. This is our 3rd year to be selected as an **Official STWM Charity** in the October 21st Charity Challenge in Toronto. On Thursday, August 29, 2019 from 3 pm to 6pm, Sylvia and the volunteers from our charity will be on-hand at Global Angel Charity office at 311 George St., LL5 to sign up marathon participants, meet and answer any questions regarding this exciting event, recruit volunteers to work with Sylvia and her team and answer questions on the charity .

Sylvia Cashmore, a marathoner, has numerous achievements in this field, In 2017, she placed 11th in her age group in the Boston Marathon, 2017 the winner in her age group of the STWM half marathon, 2018 Ontario and National Masters Age Group Cross Country Champion, 2018 Age Group winner in the Chilly Half Marathon, 2018 Age Group Second Place in 30 K Around the Bay.

**Meet our Event Ambassador, enjoy light refreshments and together, lets put this Peterborough Charity on the map with the best support at the marathon.**

**RUN...WALK ...DONATE...VOLUNTEER**

***Helping People Overcome Financial Obstacles to Critical Medical Transportation** We envision even those with the most complex medical conditions get to treatment, appointments, palliative care, return home to be with family regardless of age or illness.*

For further information on our Scotiabank Toronto Waterfront Marathon 2019 event, please contact the number below.

Event Ambassador, Sylvia Cashmore 705 931 1702 [sylvia@globalangelcharity.com](mailto:sylvia@globalangelcharity.com)

Founder, Gail Courneyea can be contacted by e-mail at:

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